THE WAY OUT COURSE

Joseph Sieber Benner





This is an excerpt from the book.

THE WAY OUT COURSE

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A COURSE OF STUDY
IN
21 LESSONS

***

For the Development of the Ability

to Receive Divine Inspiration at Will

***

PUBLISHED IN THE USA

1st edition 1936

published IN 2026 as its 155th publication

DOREÁNMASTER THE SUN CENTER



publishing house

EDITOR AND GRAPHIC EDITING

JAN MASTER

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DEFINITIONS OF TERMS

Study these definitions carefully before beginning your study, as they will help make many things clear that otherwise will not be understood.

THE HIGHER SELF

THE Higher Set is your Divine or Christ Self, a Son of God, God's Holy Spirit that deep within, in the innermost part of your nature is a ***"Light ever shining in the darkness, but the darkness of the human mind knoweth it not."***

It is that part of you that knows the end from the beginning, that has been putting you through every experience in life, compelling your soul through the human mind to learn its lessons whether it wants to or not. It is your REAL Self, Whose life is growing you, Whose Consciousness is the consciousness of your mind, and Whose Will gives you the power to do or be anything you do or become. You of yourself are nothing; all that you are, He is, and all knowledge, power and ability you have comes from Him, given you as fast as you are able to receive and use it.

In fact, He is the Real You, the only You; is that part of You that says I AM, and IS I AM, and WHO Alone IS. His Voice always speaks from the heart, and from out a Great Love.

THE SELF

What you call your self is but the creation of your human mind which believes itself to be you and separate from I Am and from God; when it cannot possibly be separate, for its consciousness is Your consciousness, which is God's Consciousness, in Which all live, move and have their being.

The human mind, in its sense of separation; and through wrong teachings and beliefs acquired from childhood, has built into *"self"* all its qualities that are so unlike God and Your real nature, and which beliefs You as the Higher Self are utilizing to teach it the truth about You and God, by allowing it to learn, through following these beliefs, what is not God's way and purpose for it. In the earlier stages that is the only way You can teach it—through the mistakes it makes.

THE SOUL

The Soul is the real you (Note the difference in the use of capitals between the *"Real You,"* referring to the Higher Self, and the *"real you,"* when referring to the soul. Also that when we speak of *"you,"* it refers to the lower self of the human mind.), or you in your true consciousness uninfluenced by the outer mind.

It is therefore the inner you or that consciousness which includes all that you have learned from the beginning, not only in this life but during many lives upon earth and in the soul world between incarnations. For it is the sum-total of all the knowledge you have acquired as taught you by the Higher Self and which has been built into and now constitutes your consciousness.

In other words, your soul is your consciousness—is what many understand as the sub-consciousness. It is the *"I"* of you that knows, and whose voice is the *"conscience,"* which not only constantly cautions and urges you not to do things that it has learned from experience cause trouble and unhappiness, but tries to have you do the things and learn the lessons it came into incarnation, expressly to accomplish and learn, under the direction of the Higher Self.

THE KINGDOM

The Kingdom is the Consciousness of the Higher or Christ Self, to which the soul is gradually unfolding as it learns the truth of its nature and obeys the Voice of Love in the heart. As fast as the soul learns this truth it uncovers it to the outer mind, as the mind makes it possible by listening to and heeding its guidance.

In this Kingdom Consciousness one knows that all is good and perfect, and not what appears to the mortal mind; that what the human eyes see and the mortal mind believes, is unreal and exists but in the human *"separate"* consciousness, and not in God's and the Higher Consciousness. One in this Consciousness and then actually lives in a world where the sins, in-harmonies, lacks and limitations of the outer world are not seen and do not exist; for one looks right through the *"appearances"* of things to the beautiful Realities that they hide, and which they would out-picture were it not for the misunderstandings and wrong beliefs of the human mind.

GOD

God is the One Mind, in Whose Consciousness all live, move and have their being—even as all the ideas, thoughts, concepts and beliefs about things, people and conditions that you see with your human eyes and *"experience"* through your mortal senses are but the out-picturing or so-called *"manifestations"*of what comprise the *"world"* of your mind's consciousness.

They actually exist only in your mind's consciousness, even as man and universal things and conditions exist only as ideas and thoughts in God's Consciousness.

God in this sense is the *"Father"* of all, the *" Creator"*of all; and all things and people ideas and thoughts are centers of His Consciousness through which He expresses His Life and Nature.

But only in relative degrees, according to how close they are to the Center of His Consciousness (as planets of our Solar Universe are close to the Sun), are they able to receive and *"manifest"* His Life and Nature in their Reality and Fullness.

God is also known as Light, Spirit, Life, Love, Wisdom, Power, Principle. But as God is All in all, then He must be everything that IS, and everything must be good and perfect. But men's minds as centers of His Consciousness, being so far away from the Light of The Center, see and understand as through a smoked glass only the darkened and distorted reflections of the good and perfect things in That Center. Eventually the Light from That Center, however, will penetrate and drive away the clouds of error and misunderstanding surrounding the outer centers, and they will be drawn into the fullness of Its Light, thus becoming One with It.

CHRIST

Christ is the EX-pression of God's Love; is His Holy Spirit, the Comforter, come to man to abide in him, when man's soul (consciousness) has been cleansed of all darkness, and his outer mind has truly dedicated itself to God. That Love then becomes the Light which lighteth him and leads him in all ways and in all that he does.

JESUS CHRIST

Jesus Christ is God's Holy Spirit sent to earth in the form of man to teach and show all humanity God's Image and Likeness and what in time all men may become outwardly—if they follow Him and obey His teachings.

Jesus Christ is just as much alive today as He was nineteen hundred years ago when in the flesh; but now through His crucifixion self and overcoming of the flesh, resulting in His Resurrection and Ascension, He has become the Living Word, capable of being seen and known by all men who have followed Him, have crucified self, and have overcome the flesh.

All who thus follow Him will learn the meaning of His statement, ***"At that day ye shall know that I am in my Father, and ye in me, and I in you."***

THE HEART

This of course does not mean the physical heart. But just as the physical heart is the central organ that supplies the blood that carries life to all parts of the body, so does the heart symbolize the soul, that inner part of man that is the life or consciousness that supplies the mind of the outer man with all the life, intelligence and power that he has.

Therefore, wherever the heart is mentioned, it usually means the soul, or that inner part of man from which issue the vital things of his life. ***"As a man thinketh in his heart, so is he,"*** means that what one really believes his soul is what influences his life and makes his outer conditions and affairs what they appear.

The heart is also considered to be the seat of Love in the soul, or the innermost part of the soul's consciousness.

THE MIND

The mind is the outer extension of the soul's consciousness, even as the soul is the outer extension of the Holy Spirit or Christ consciousness, and the Christ is the outer extension of God's Consciousness. And we might add, as the body is the outer extension and expression of the mind's consciousness.

The body is the outermost or the circumference of consciousness. God is the innermost—the Center. The human mind is the link that connects the brain consciousness of the body first with the soul, and then, as it is drawn inward, through Love's development of its understanding, gradually with the Christ or Holy Spirit, and then with God.

editor and graphics editor
Jan Master

2026



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